

PSYCHIATRY AND BEHAVIORAL SCIENCES

Required Clerkships

Psychiatry Clerkship Website: <http://depts.washington.edu/psyclerk/>

Department website: <http://www.uwpsychiatry.org/>

P – Basic Clinical Clerkship, Psychiatry (12)

Offered:	AWSpS; 6 weeks full-time.
Total Enrollment:	29 students per rotation.
Prerequisite:	Completion of HuBio series.
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu

Goals:

The overall goal of the clerkship is to provide an excellent introduction to Clinical Psychiatry, appropriate for students interested in careers in Psychiatry or in other fields of medicine, and includes supervised clinical experiences, clinical teaching, and a structured didactic program.

Objectives:

Knowledge

1. Display basic knowledge of major psychiatric disorders (anxiety disorders, major depression, schizophrenia, bipolar disorder, dementia and delirium, personality disorders, substance abuse/dependence, childhood psychiatric disorders) and have experience, as part of the treatment team, in assessing and treating patients with some of these disorders;
2. Display a working knowledge of the major indications, side effects, and use of one or more medications in each major psychotropic class (atypical antipsychotics, typical antipsychotics, SSRI antidepressants, atypical antidepressants, tricyclic antidepressants, mood stabilizers, benzodiazepines, anti-EPS agents);
3. Have been introduced to non-pharmacologic treatments (e.g. psychotherapies, psychoeducation, family therapy, social/community interventions).

Skills

1. Demonstrate the ability to perform a basic psychiatric interview and mental status examination.
2. Demonstrate the ability to ask, in a sensitive manner, about suicide and other safety issues, such as homicidal ideation, domestic violence, abuse;
3. Demonstrate the ability to ask about alcohol and illicit drug habits, as part of a comprehensive substance abuse assessment;
4. Display a basic appreciation of the importance of the doctor-patient relationship (e.g., the importance of empathic listening, recognition that one's own reactions to patients may effect patient care, sensitivity to sociocultural differences, giving patients bad news in a sensitive manner, and recognizing common dilemmas in dealing with "difficult" patients);
5. Have experience working with a multidisciplinary mental health treatment team.

Attitudes

1. Demonstrate promptness and preparation for scheduled clerkship activities; dependability,
2. Display motivation; interest; and initiative,
3. Display positive educational attitudes; including eagerness to learn; active participation; responsiveness to feedback; and stimulation of the learning process;
4. Demonstrate effective communication with patients; families; and colleagues
5. Show courtesy; empathy; and respect to all patients;
6. Work collaboratively and respectfully with other members of the treatment team.

Requirements for Psychiatry Clerkship:

In addition to these requirements, there may be other requirements at your particular site. Please see the materials provided at your orientation for the exact requirements for your clerkship.

Mandatory

- Two complete psychiatric write-ups presented to attending and/or resident,
- Mental Status CEX completed, signed by attending, copy made for self, and sent to Gayle Schneider (UW Box 359896) or turned into site coordinator,
- Topic presented to attending and/or treatment team, (Does not have to be PowerPoint)
- AA meeting attended
- Participation with or exposure to a patient with: bipolar disorder, major depression, schizophrenia, organic mental disorder, personality disorder, anxiety, and substance abuse/dependence,
- Experience in depth with one medication in each of the following medication groups: SSRI, antimanic agent, anti-anxiety agent, atypical antipsychotic, non-atypical antipsychotic, and anti-EPs agent
- Complete at least one clinical case per week, and one total professionalism/bioethics case on the on-line cases (see website for cases: <http://depts.washington.edu/psyclerk/>)
- Prompt return at the end of the rotation of any keys, pager, books, or other materials checked out to the student; grades will be withheld if these are missing
- Completion of required School of Medicine evaluation forms.

Recommended

- Observation of electroconvulsive therapy,
- Review second year HuBio slides (click here for slides),
- Participation in a recreation, cognitive behavior, dialectical behavior, chemical dependence, goals planning, or relaxation group;
- Going with your patient to a test or procedure (such as a CT scan, MRI, or EEG).

Schedule:

Daily Monday - Friday, 8:00 am – 5:00 pm.; weekend and or night call as assigned.

Didactics:

Each site will have its own scheduled series of didactics lectures for the students. All Seattle students also attend group didactics lectures every Thursday morning.

Conferences:

Attend departmental conferences as time/patient load permit - refer to your site schedule for these

Readings/texts:

Introductory Textbook of Psychiatry 4th Edition (2006) by Nancy Andreason and Donald Black
ISBN: 978-1585622238 or 978-1585622726 (paperback)

Current Clinical Strategies Pub - Psychiatry; 1st Rev Upd edition (Sept. 2007), Hahn, Rhoda K.
ISBN-13: 978-1934323106

Evaluation:

Of Students:

By attending(s), resident(s), other faculty or staff. Of note, your actual grade is determined by your site preceptor. While faculty can recommend that a student receive a particular grade (such as "honors"), this does not necessarily mean that the student will receive that grade.

Of rotation (by students):

Students will be asked to complete a variety of evaluations - didactics, overall clerkship ratings, information for the School of Medicine, etc. This information is not available to instructors until after they have submitted student grades.

SITE DESCRIPTIONS

ALASKA

PBSCI 666 P-WWAMI Psychiatry and Behavioral Sciences Clerkship (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	3 students per rotation.
Location:	Anchorage
Facility:	Clinic
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	A 3-bedroom apartment is provided for students at the University of Alaska - Anchorage. No pets.
Transportation:	Car required.

The psychiatry clerkship in Anchorage offers students a variety of experiences with multiple clinical settings. Students will become an integral part of the treatment team at their primary site (including crisis assessment). If possible, a 1-2 day field trip to a rural Alaskan community is planned. Students take their written exam in Anchorage on the last Friday of their rotation.

IDAHO

PBSCI 667 P-Basic Psychiatry Clerkship, Boise (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	2 students per rotation.
Location:	Boise, ID
Facility:	Boise VA Medical Center
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	Dormitory housing is provided at the VA, no families. No pets.
Transportation:	Car not required, but recommended.

The serves an urban, suburban, and rural population covering Southern and Central Idaho, Eastern Oregon, and parts of Northern Nevada. The psychiatry inpatient unit is a 15 bed open ward treating voluntary patients for a variety of disorders. Students participate in the assessment, diagnosis, and treatment of their patients, as well as working in the ER/walk-in clinic, with the consultation-liaison service, and with the alcohol and drug early intervention team.

TRANSPORTATION: Car recommended so student can take advantage of off-campus learning opportunities.

MONTANA

PBSCI 662 P- Basic Psychiatry Clerkship - Missoula (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	1 student per rotation.
Location:	Missoula, MT
Facility:	South Center Regional Mental Health Center and Behavioral Sciences Clinic
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	Students share a 3-bedroom house.
Transportation:	Car required.

Students work at South Center Regional Mental Health Center and Behavioral Sciences Clinic with adult and adolescent inpatients, in the emergency room for emergent care exposure. Outpatient experience including consultations at the community mental health center, Indian reservation, and prison. Didactics include psychopharmacology, addiction, psychosis, mood disorders, child and geriatric psychiatry.

PBSCI 663 P- Basic Psychiatry Clerkship - Billings (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	1 student per rotation.
Location:	Billings, MT
Facility:	St. Patrick Hospital
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	2-6 students share a large house.
Transportation:	Car not required, but recommended. Work sites are within walking distance.

Students work at St. Patrick Hospital with adult and adolescent inpatients and in the emergency room for emergent care exposure. Students will have outpatient experience through the Adult Intensive Outpatient program, Pain Treatment Center and in faculty outpatient practices. Didactics include addiction, psychopharmacology, psychosis, mood disorders, child and geriatric psychiatry.

WASHINGTON

PBSCI 665 P-Basic Clinical Clerkship (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	1 student per rotation.
Location:	Seattle, WA
Facility:	HMC, UWMC, SVAMC
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	N/A
Transportation:	Car required.

The psychiatry clerkship in Seattle utilizes Harborview Medical Center (HMC), the University of Washington Medical Center (UWMC), and the Veterans Affairs Medical Center (VAMC). Students will be assigned to one of these sites and will spend the majority of their time working on the inpatient units with some outpatient experiences included, such as various clinics, consultation-liaison service, etc. The HMC accepts both involuntary and voluntary patients for psychiatric treatment in three inpatient units (locked and unlocked). The UWMC has a 14-bed inpatient unit that accepts voluntary patients only. These patients present diverse diagnoses and are more commonly admitted due to an acute episode. The VAMC has a busy 30-bed inpatient service and several clinics. The VAMC emphasizes psychiatry in the primary care setting.

PBSCI 668 P-Psychiatry Clerkship, Spokane (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	2 students per rotation.
Location:	Spokane, WA
Facility:	The Sacred Heart Medical Center
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	A two-bedroom apartment is provided (shared with other UW 3 rd -year students). No pets.
Transportation:	Car required.

The Sacred Heart Medical Center in Spokane serves its own area plus surrounding rural communities in Eastern Washington, Idaho, and Montana and demonstrates the practice of psychiatry in a somewhat smaller community that has close links to an underserved rural area.

The hospital has adult, geriatric, and adolescent inpatient psychiatric units. Students will be working closely with third and fourth year psychiatry residents as well as with supervising attending psychiatrists and will be able to follow their patients after transfer to partial hospitalization or outpatient clinics.

WYOMING

PBSCI 669 Basic Psychiatry Clerkship, Wyoming (12)

Offered:	AWSpS; 6 weeks Full-time
Prerequisite:	Completion of HuBio series
Enrollment:	2 students per rotation.
Location:	Casper, WY
Facility:	Wyoming Behavioral Institute
Site Coordinator:	
Faculty Contact:	Dr. Heidi Combs
Administrative Contact:	Gayle Schneider; 206-744-3443; gschneid@u.washington.edu
Housing:	A furnished two-bedroom apartment is provided. No pets.
Transportation:	A vehicle is strongly recommended, as the apartment is about 2 miles from where the student is generally working or has access to grocery shopping, etc. Alternative transport is not much fun in the winter with the snow they get there.

Students work in the Wyoming Behavioral Institute with adult, adolescent, and child inpatients. Students have some outpatient experience and emergent care assessment experience at the Wyoming Medical Center. Didactics and discussion include topics such as psychopharmacology, emergent care and assessment, diagnosis, and substance abuse issues.