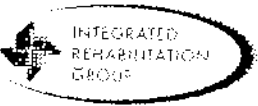


OTHER I.R.G. CLINIC LOCATIONS

- ARLINGTON PHYSICAL THERAPY**
7726 204th Street NE, Suite A
360-403-8250
360-403-0917 fax
- EDMONDS HAND THERAPY**
7807 212th Street SW, Suite 219
425-673-2673
425-673-2663 fax
- EVERETT PHYSICAL THERAPY & SPORTS PERFORMANCE CENTER**
2800 Hewitt Avenue, Suite 113
425-252-3808
425-252-2940 fax
- EVERGREEN PHYSICAL THERAPY CENTER & PILATES STUDIO**
5809 Evergreen Way
425-252-1642
425-252-1824 fax
- GRANITE FALLS PHYSICAL THERAPY**
403 W. Shiner Street
360-691-6335
360-691-2545 fax
- MULTI-SPECIALTY PHYSICAL THERAPY**
11700 Multithe Speedway, Suite 303
425-349-9692
425-349-9694 fax
- MURPHY'S CORNER PHYSICAL THERAPY IN MILL CREEK**
1519 132nd Street SE, Suite A
425-337-9556
425-337-9186 fax
- PACIFIC AVENUE HAND THERAPY**
1100 Pacific Avenue, Suite 201
425-374-2846
425-374-3273 fax
- REDMOND RIDGE PHYSICAL THERAPY**
22500 NE Marketplace Drive, Suite 204
425-834-1034
425-834-1037 fax
- SILVER LAKE PHYSICAL THERAPY**
10207 19th Avenue SE
425-337-3166
425-338-4596 fax
- SNOHOMISH PHYSICAL THERAPY**
1830 Rickford Avenue, Suite 209
360-548-7774
360-548-7719 fax



Physical & Hand Therapy Services

15720 Main Street, Suite 200
Mill Creek, WA 98012

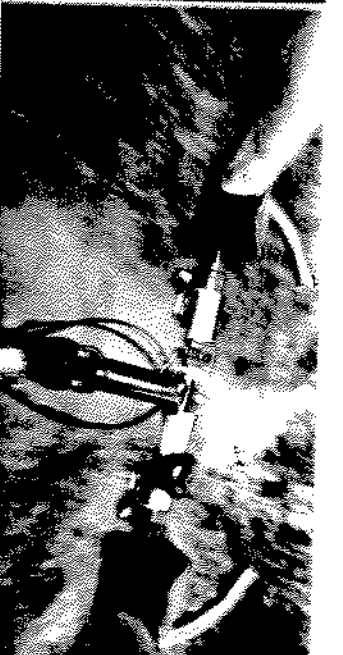
HAND THERAPY

EXCELLENT CARE WITH EXCEPTIONAL RESULTS

- ARLINGTON PHYSICAL THERAPY
- EDMONDS HAND THERAPY
- PACIFIC HAND THERAPY
- SNOHOMISH PHYSICAL THERAPY



Physical & Hand Therapy Services



WHAT IS A HAND THERAPIST?

A hand therapist is an occupational or physical therapist who specializes in treating patients with hand and upper extremity problems. A certified hand therapist has a minimum of five years and 4,000 or more hours of clinical practice in hand therapy. They must also pass a national exam in clinical skills and theory of upper extremity rehabilitation. This high degree of certification means patients working with an upper extremity injury can often hasten their return to a productive lifestyle.

HOW HAND THERAPY CAN HELP

A qualified hand therapist can identify problems unique to the upper extremities and can effectively treat and rehabilitate patients with conditions that may be the result of an accident or trauma such as fractures, wounds, burns, lacerated or injured tendons or nerves, or amputation of fingers or hands. A hand therapist also works with patients who are disabled from repetitive motion disorders such as cubital tunnel, tennis elbow, carpal tunnel syndrome and conditions such as arthritis and neurological problems.

OUR HAND THERAPY PROGRAM

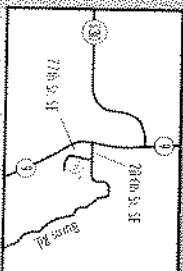
At IRG we provide a positive, practical and informative approach to helping patients care for their upper extremity conditions. We start by conducting a thorough evaluation often within days of the injury or surgery and then develop a recovery plan tailored to the patient's specific needs. Our focus is on providing a continuum of care throughout the recovery process while valuing the importance of one-on-one time with each patient. Our experienced hand therapists can offer patients the following options to help return them to a productive lifestyle:

- Custom splinting and bracing
- Desensitization and sensory re-education following nerve injury or trauma
- Ergonomic training and assessment
- Exercise programs to increase dexterity and strength
- Management of acute or chronic pain
- Post-operative care
- Edema control
- Training in the performance of daily life skills
- Wound care and management

THEIR SPECIAL SERVICES

Our experienced hand therapist are available to treat patients at the following locations:

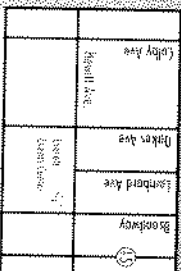
ARLINGTON
 7728 204th Street NE, Suite A
 Arlington, WA 98273
 360-403-8250
 360-403-8917 Fax



EVERETT
 1100 Pacific Avenue, Suite 201
 Everett, WA 98201
 425-374-2846
 425-374-3272 Fax



EDMONDS
 7907 212th Street SW, Suite 219
 Edmonds, WA 98026
 425-673-2673
 425-673-2863 Fax



SNYDER
 1830 Bickford Avenue, Suite 209
 Snohomish, WA 98290
 360-568-7774
 360-568-7779 Fax

