

PSYCHIATRY AND BEHAVIORAL SCIENCES

Elective Clerkships

Conjoint 680 P – Introduction to Detoxification and Rehabilitation Programs for Alcoholism and Drug Abuse (*, max 16)

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| Offered: | AWSpS; 2/4/6/8 weeks – 2 weeks preferred. |
| Enrollment: | 2 students maximum per rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle, WA |
| Facility: | VAPSHCS – Seattle (Seattle VA) |
| Faculty Contact: | Joseph Reoux, M.D. 206-277-1747 |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:

At the end of the clerkship, the student will be able to:

- Discuss the DSM-IV criteria for substance-related disorders,
- Outline methods of detoxification for alcohol, opioids, and stimulants,
- Effectively participate in interdisciplinary treatment planning and describe the advantages to patients of such collaboration,
- Discuss methods for group therapy in addiction treatment and participate in groups,
- Discuss use of medications used for relapse prevention such as naltrexone and disulfiram, including indications and dosages of these medications,
- Identify and discuss bio-psycho-social-spiritual resources available for addiction treatment and relapse prevention and be able to describe them.

Schedule:

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| Week one, Mon - Fri: | 8:15 - 9 am | Treatment team meeting. |
| | 9 - 9:30 am | Check in/out rounds. |
| | 9:45 am - 2 pm | Treatment groups. |
| | 2:30 - 3 pm | Check in/out round. |
| | 9:30 am - 4:30 pm | Patient assessments. |
| Week 2, Mon - Fri: | 8 am - 4:30 pm | Site visits (students arrange times for site visits with the particular programs they are interested in visiting; this is at the discretion of the particular program). |
| Weeks 3-8, Mon - Fri: | 8 am - 4:30 pm | Combination of the above tailored to meet the individual student's educational goals. Degree of focus can vary, but generally it will include increased responsibility for the direct management of the ongoing medical and psychiatric care for assigned individual patients and, if desired, an opportunity for the expanded role in the psychoeducational treatment modalities. |

Conferences:

- Daily (M-F) treatment team meetings.
- 2x daily (M-F) medical-nursing "check in/out rounds."
- Inpatient and outpatient treatment groups.
- Site visits to 4 to 8 addiction treatment related programs in the community.

Presentations:

- Perform H&P, write admission orders, and decide detoxification strategy for at least 1 patient admitted to the inpatient addiction treatment program.

- Perform or observe at least 1 screening assessment for prescribing medication for relapse prevention.
- Complete a brief summary paper describing, comparing, and contrasting the community programs visited.

Readings/texts:

Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).
Addiction treatment related literature distributed during clerkship.

Evaluation:

By Faculty: Evaluation of student is mainly by preceptor, with input from other faculty and staff whom the student works with in this rotation. The completed “Evaluation of Student Performance in the Clinical Curriculum” form includes a descriptive narrative of performance.

PBSCI 670 P – Clerkship in Consultation-Liaison Psychiatry UWMC (*, max 24)

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| Offered: | AWSpS; 2 or 4 weeks – 4 weeks highly preferable. |
| Enrollment: | 1 student per rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle.WA |
| Facility: | UW Medical Center |
| Faculty Contact: | Dr. Suzanne Murray; 206-543-3925 |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:

At the end of the clerkship, the student will be able to:

- Recognize and demonstrate the differential diagnosis of the psychiatric conditions most commonly encountered in medical settings (e.g. delirium, dementia, depression, somatoform and factitious disorders, substance abuse and withdrawal),
- Assess and describe behavioral conditions commonly seen on medical and surgical services (e.g. suicidal and homicidal threats, grief, anxiety, personality problems and pain),
- Evaluate a patient hospitalized because of a suicide attempt or attempted self-harm and to assess risk of self-harm while on medical or surgical services, as well as the level of psychiatric care needed after discharge,
- Adapt psychopharmacologic and psychotherapeutic treatments for medically ill patients,
- Discuss legal issues involved in consultation psychiatry, particularly to help direct the treatment approach when a patient’s ability to make needed medical treatment decisions (e.g. competency or decisional capacity) is questioned,
- Educate non-psychiatric staff to understand and manage psychiatric conditions in their patients.

Schedule:

Daily Monday - Friday, 8:00 am – 5:00 pm.
Daily assessment of patients and daily patient rounds with C-L team members.

Conferences:

Mondays – C-L teaching conference at either UWMC or HMC; attend departmental conferences as time/patient load permit: Department of Psychiatry Grand Rounds (third Friday each month).

Presentations: Presentation to C-L team members on topic of interest is optional.

Readings/texts:

Multiple texts and teaching files are available in the C-L office.
Suggested readings include:
UWMC Psychiatry Resident Consultation-Liaison Handbook.
Textbook of Consultation-Liaison Psychiatry (Rundell and Wise).

Seminars in Liaison Psychiatry (Guthrie and Creed).

Evaluation:

By Faculty: The psychiatry Consultation-Liaison attending, in conjunction with the psychiatry residents whom the student works with in this rotation will complete the "Evaluation of Student Performance in the Clinical Curriculum" form, including a descriptive narrative of performance.

PBSCI 671 P – Clerkship in Consultation-Liaison Psychiatry HMC (*, max 24)

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| Offered: | AWSpS; 2 or 4 weeks . Four (4) weeks suggested for those interested in psychiatry as a career. |
| Enrollment: | 2 students per rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle, WA |
| Facility: | Harborview Medical Center |
| Faculty Contact: | Dr. Douglas Zatzick; 744-6701 |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives: At the end of the clerkship, the student will be able to:

- Recognize and demonstrate the differential diagnosis of the psychiatric conditions most commonly encountered in medical settings (e.g. delirium, dementia, depression, somatoform and factitious disorders, substance abuse and withdrawal),
- Assess and describe behavioral conditions commonly seen on medical and surgical services (e.g. suicidal and homicidal threats, grief, anxiety, personality problems and pain),
- Evaluate a patient hospitalized because of a suicide attempt or attempted self-harm and to assess risk of self-harm while on medical or surgical services, as well as the level of psychiatric care needed after discharge,
- Adapt psychopharmacologic and psychotherapeutic treatments for medically ill patients,
- Discuss legal issues involved in consultation psychiatry, particularly to help direct the treatment approach when a patient's ability to make needed medical treatment decisions (e.g. competency or decisional capacity) is questioned,
- Educate non-psychiatric staff to understand and manage psychiatric conditions in their patients.

Schedule:

Daily Monday – Friday 8:00 am – 12:00 pm students will see patients with psychiatry residents. Depending on student skill level, they may see patients individually.

Consult Rounds daily. During rounds, students will present the assigned patients, including recommendations and plans.

Ward rounds with C-L attending; 2:00 – 5:00 pm.

Conferences:

Mondays – C-L teaching conference at either UWMC or HMC; attend departmental conferences as time/patient load permit: Monday - inpatient chief resident teaching seminar; Friday - faculty-resident teaching conference or HMC Psychiatry Grand Rounds.

Presentations:

Presentation to C-L team members on topic of interest is optional.

Readings/texts:

Multiple texts and teaching files are available in the C-L office at 5 East Clinic.

Suggested readings include:

- HMC Psychiatry Resident Consultation-Liaison Handbook.
- Textbook of Consultation-Liaison Psychiatry* (Rundell and Wise).
- Seminars in Liaison Psychiatry* (Guthrie and Creed).

Evaluation:

By Faculty: The psychiatry Consultation-Liaison attending, in conjunction with the psychiatry residents whom the student works with in this rotation will complete the "Evaluation of Student Performance in the Clinical Curriculum" form, including a descriptive narrative of performance.

PBSCI 672 P – Elective Clerkship in Primary Care Psychiatry at Boise VAMC (8/12)

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| Offered: | AWSpS; 2 or 4 weeks. |
| Enrollment: | 1 (2 possible) student per rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Boise, ID |
| Facility: | Boise VAMC |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:

At the end of the clerkship, the student will be able to:

- Conduct complete diagnostic psychiatric interviews,
- Assess and develop treatment plans for patients with acute psychiatric problems in a primary care/rural setting and in a crisis setting,
- Provide psychiatric consultation for general medicine and surgery services recognizing the differential diagnosis of the psychiatric conditions most commonly encountered in medical settings (e.g. delirium, dementia, depression, somatoform and factitious disorders, substance abuse and withdrawal),
- Initiate and manage pharmacotherapeutic and brief psychotherapeutic treatment regimens appropriate to patient problems,
- Demonstrate excellent communication and team skills with other health care professionals in managing mentally ill patients.

Schedule:

Opportunities to participate in satellite clinics in rural areas and Indian Health Service. Other participation negotiable depending on interest and experience.

Conferences: Clinical care conferences.

Presentations:

Presentation of a specific clinical area to the treatment team is an option.

Readings/texts:

Introductory Textbook of Psychiatry 4th Edition (2006) by Nancy Andreason and Donald Black
ISBN: 978-1585622238 or 978-1585622726 (paperback)

Current Clinical Strategies Pub - Psychiatry, 1st Rev Upd edition (Sept. 2007), Hahn, Rhoda K.
ISBN-13: 978-1934323106

Evaluation:

By Faculty: Evaluation of student is mainly by attending, with input from other staff whom the student works with in this rotation. The completed "Evaluation of Student Performance in the Clinical Curriculum" form includes a descriptive narrative of performance.

PBSCI 673 P – Outpatient Psychiatry Elective (8/12)

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| Offered: | AWSpS; 4 or 6 weeks. |
| Enrollment: | 1 student per 4/6 week rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle, WA |
| Facility: | Harborview Medical Center and 401 Broadway |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:***At the end of the clerkship, the student will be able to:***

- Conduct complete diagnostic psychiatric interviews,
- Demonstrate skills in acute diagnosis, assessment and crisis intervention for urgent psychiatric complaints and for patients with combined psychiatric and addictions issues,
- Develop a biopsychosocial formulation and care plan,
- Initiate and manage pharmacotherapeutic treatment regimens appropriate to patient problems,
- Facilitate co-therapy in groups under the supervision of attending physicians, resident and other trained staff,
- Provide crisis intervention under the supervision of attendings, resident and other trained staff,
- Demonstrate excellent communication and team skills with other health care professionals in managing severely mentally ill patients.

Conferences:

Monthly Psychiatry Grand Rounds at Harborview (first Friday), monthly Psychiatry Grand Rounds at UWMC (third Friday), HMC Psychiatry Friday Faculty-Resident teaching conferences, clinical care conferences in each clinical unit.

Presentations:

1. Patient presentation to attendings.
2. Option to present a topic to the multidisciplinary team.

Readings/texts:

Introductory Textbook of Psychiatry 4th Edition (2006) by Nancy Andreason and Donald Black
ISBN: 978-1585622238 or 978-1585622726 (paperback)

Current Clinical Strategies Pub - Psychiatry; 1st Rev Upd edition (Sept. 2007), Hahn, Rhoda K.
ISBN-13: 978-1934323106

Reading provided in rotation.

Evaluation:

By Faculty: Evaluation of student is mainly by preceptor, with input from other faculty and staff whom the student works with in this rotation. The completed "Evaluation of Student Performance in the Clinical Curriculum" form includes a descriptive narrative of performance.

PBSCI 678 P – Clerkship in Psychiatric Long-Term Care and Rehabilitation (*, max 12)

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| Offered: | AWSpS; 2 or 6 weeks. |
| Enrollment: | 2 students per 2/6 week rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Tacoma, WA |
| Facility: | VAPSHCS, American Lake |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:***At the end of the clerkship, the student will be able to:***

- Perform and record an accurate and comprehensive psychiatric evaluation of the long term psychiatric patient with emphasis placed on functional assessment and a multidisciplinary approach,
- Develop differential diagnoses and treatment plans for common psychiatric symptoms and disorders of patients with concurrent medical illnesses,
- Adapt psychopharmacologic and psychotherapeutic treatments for chronically psychiatrically ill patients with concurrent medical illnesses,

- Demonstrate communication, interpersonal, and psychotherapeutic skills to put patients and families at ease, elicit information in an empathic manner, and address relevant emotional and interpersonal aspects of illness,
- Demonstrate an understanding of the unique challenges of treating homeless patients with chronic mental illness,
- Demonstrate excellent communication and team skills with other health care professionals in managing severely mentally ill patients.

Presentations:

Student is responsible for preparing and presenting an educational topic to the chronically mentally ill patient group.

Evaluation:

By Faculty: Evaluation of student is mainly by preceptor, with input from other faculty and staff whom the student works with in this rotation. The completed "Evaluation of Student Performance in the Clinical Curriculum" form includes a descriptive narrative of performance.

Other:

Course may be taken more than once. Shared dormitory rooms are available, but must be arranged at least 60 days in advance. Meals are not included. There is a free shuttle service between the Seattle VA and the American Lake VA facility which works well for students enrolled in this elective.

PBSCI 680 P – Clerkship in Emergency Psychiatry (*, max 24)

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| Offered: | AWSpS; 4 weeks. |
| Enrollment: | 1 student per 4 week rotation... |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle, WA |
| Facility: | Harborview Medical Center |
| Faculty Contact: | Dr. Jagoda Pasic |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:

At the end of the clerkship, the student will be able to:

- Establish rapport with acutely disturbed patients,
- Discuss elements of dangerousness in a patient who was assessed,
- Discuss medical, neurological, and physiological causes for observed psychiatric symptoms,
- Demonstrate skills in acute diagnosis, assessment and crisis intervention for urgent psychiatric complaints and for patients with combined psychiatric and addictions issues,
- Demonstrate a working knowledge of the indicators for acute hospitalization versus outpatient management.

Schedule:

Monday - Friday, 8:00 am – 5:00 pm in the Psychiatric Emergency Services area at Harborview Medical Center.

Conferences:

Mondays, 12:00 – 1:00 pm, Chief Resident’s conference (as workload permits).
 Fridays, 12:00 – 1:00 pm, Friday teaching conference (as workload permits).

Readings/texts:

Articles and textbooks available in the Crisis Triage Unit.

Introductory Textbook of Psychiatry 4th Edition (2006) by Nancy Andreason and Donald Black
 ISBN: 978-1585622238 or 978-1585622726 (paperback)

Current Clinical Strategies Pub - Psychiatry; 1st Rev Upd edition (Sept. 2007), Hahn, Rhoda K.
 ISBN-13: 978-1934323106

Evaluation:

By Faculty: Evaluation of student is mainly by preceptor, with input from other faculty and staff whom the student works with in this rotation. The completed "Evaluation of Student Performance in the Clinical Curriculum" form includes a descriptive narrative of performance.

PBSCI 685 P – Geriatric Psychiatry Clerkship (*, max 12)

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| Offered: | AWSpS; 2 or 4 weeks – 2 weeks preferred. |
| Enrollment: | 1 student per 2/4 weeks rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle, WA |
| Facility: | Harborview Medical Center, VAPSHCS-Seattle, UWMC Outpatient Clinic |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:***At the end of the clerkship, the student will be able to:***

- Perform and record an accurate and comprehensive psychiatric evaluation of the elderly patient, Special emphasis will be placed on functional assessment and a multidisciplinary approach.
- Demonstrate communication; interpersonal; and psychotherapeutic skills to put patients and families at ease; elicit information in an empathic manner; and address relevant emotional and interpersonal aspects of illness,
- Develop differential diagnoses and treatment plans for common psychiatric symptoms and disorders of elderly psychiatric; neurological; and medical patients (e.g. mood disturbances, delirium, paranoia, dementia, stroke, movement disorders),
- Assess and manage elderly psychiatric patients in the inpatient; outpatient; consultation; long-term care; and community settings,
- Utilize allied health personnel and resources in developing a comprehensive treatment plan for older patients,
- Refer patients to other allied health personnel when clinically indicated.

Schedule:

Monday through Friday from 8:00 am- 5:00 pm at different sites in the Seattle area. The schedule will include participating in the VA Puget Sound Geriatric Evaluation and Management (GEM) Unit, seeing patients in the Geriatric Outpatient Clinic, seeing patients at the UW Outpatient Psychiatry Clinic, performing consults at the VA and Harborview Medical Center consultation services and nursing home care units, seeing patients in the community nursing home setting as a member of the Harborview Medical Center Geriatric Psychiatry Service. The student may also be able to participate in neuropsychiatric assessments in the VA Memory Disorders Clinic. The student should anticipate needing a vehicle for this elective.

Conferences:

Geriatric Fellows Conference, Clinical Pathology Conference, Expert Consensus Conference, Post-clinic Conference, Geriatric Medicine Grand Rounds, Neurology Grand Rounds (summer), Psychiatry Grand Rounds, conferences, research seminars, Post-clinic conference, and other clinical teaching activities of the UW geriatric teaching program.

Readings/texts:

Journal articles will be handed out. No specific text.

Evaluation:

By Faculty: Evaluation of student is mainly by primary preceptor, with input from other faculty and staff whom the student works with in this rotation. The completed "Evaluation of Student Performance in the Clinical Curriculum" form includes a descriptive narrative of performance.

PBSCI 688 P – Subinternship in General Psychiatry (*, max 16)

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| Offered: | AWSpS; 2 or 4 weeks. |
| Enrollment: | Variable. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. Permission by preceptor required |
| Location: | Seattle, WA |
| Facility: | Harborview Medical Center |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:

At the end of the clerkship, the student will be able to:

- Assess the immediate risk for violence and suicide of inpatients
- Perform appropriate interventions for patients at risk for violence and/or suicide,
- Develop differential diagnoses and treatment plans for common psychiatric symptoms and disorders,
- Manage patient care including writing orders, determining appropriate laboratory and other testing,
- Communicate and work effectively with a multidisciplinary team to maximize patient care,
- Develop and implement effective outpatient plans,
- Communicate and work effectively with other treating health professionals,
- Document care and complete discharge summaries that are accurate, coherent, and succinct.

Conferences:

Monthly Psychiatry Grand Rounds at Harborview (first Friday), monthly Psychiatry Grand Rounds at UWMC (third Friday), HMC Psychiatry Friday Faculty-Resident teaching conferences, clinical care conferences in each clinical unit.

Presentations:

One presentation of a patient-related topic to the treatment team; daily rounds presentation about patients cared for.

Readings/texts:

Introductory Textbook of Psychiatry 4th Edition (2006) by Nancy Andreason and Donald Black
ISBN: 978-1585622238 or 978-1585622726 (paperback)

Current Clinical Strategies Pub - Psychiatry, 1st Rev Upd edition (Sept. 2007), Hahn, Rhoda K.
ISBN-13: 978-1934323106

Reading provided in rotation.

Evaluation:

By Faculty: The psychiatry attending, in conjunction with the psychiatry residents whom the student works with in this rotation will complete the "Evaluation of Student Performance in the Clinical Curriculum" form, including a descriptive narrative of performance.

PBSCI 696 P – Advanced Clerkship in Child Psychiatry (*, max 24)

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| Offered: | AWSpS; 2 or 4 weeks full-time. |
| Enrollment: | 2 students per 4/6 week rotation. |
| Prerequisite: | PBSCI 662, 663, 665, 666, 667, 668, or 669. |
| Location: | Seattle, WA |
| Facility: | Seattle Children's Hospital, Seattle WA |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

Objectives:

At the end of the clerkship, the student will be able to:

- Conduct a complete psychiatric interview with a child or adolescent and his family
- Formulate a diagnosis for children and adolescents,
- Develop a biopsychosocial formulation taking into account the issues salient for children and adolescents,
- Develop a comprehensive treatment care plan,
- Effectively communicate the results of the assessment and treatment plan to the family, child or adolescent,
- Communicate and work effectively with other treating professionals.

Conferences:

Clinical care conferences in each of the clinical sites (inpatient and outpatient).

Readings/texts:

Child and Adolescent Psychiatry: A Comprehensive Text. Melvin Lewis, M.D., editor.

Evaluation:

By Faculty: Evaluation of student is mainly by psychiatry attending, with input from other faculty and staff whom the student works with in this rotation. The completed "Evaluation of Student Performance in the Clinical Curriculum" form includes a descriptive narrative of performance.

PBSCI 697 P – Psychiatry Special Elective (*, max 24)

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| Offered: | AWSpS; 4 weeks. |
| Total Enrollment: | Variable. |
| Prerequisite: | Permission required . PBSCI 662, 663, 665, 666, 667, 668 or 669. + 2 month application process. |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

By specific arrangement for qualified students, special clerkships or 'away clerkships' may be available at institutions other than the University of Washington. Interested students should submit a "Credit for Away Clerkship" form available from the UWSOM Dean's Office Registrar and complete for departmental approval at least two months before advance registration.

Evaluations:

Departmental evaluations are required to be completed by faculty and student prior to receiving a grade.

PBSCI 699 P – WWAMI Psychiatry and Behavioral Sciences Special Electives (*, max 24)

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| Offered: | AWSpS; 4 weeks. |
| Total Enrollment: | Variable. |
| Prerequisite: | Permission required . PBSCI 662, 663, 665, 666, 667, 668 or 669. + 2 month application process. |
| Faculty Contact: | Dr. Heidi Combs |
| Administrative Contact: | Gayle Schneider; 206-744-3443; gschneid@u.washington.edu |

By specific arrangement for qualified students, special clerkships or 'away clerkships' may be available at institutions other than the University of Washington located within the WWAMI region. Interested students should obtain a "Credit for Away Clerkship in WWAMI" form available from the UWSOM Dean's Office Registrar and complete for departmental approval at least two months before advance registration.

Evaluations:

Departmental evaluations are required to be completed by faculty and student prior to receiving a grade.

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