

NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME
WASHINGTON STATE

Presents

**The 2006 Northwest Regional
Fetal Alcohol Spectrum Disorder Conference**
(Washington, Alaska, Oregon, Western Canada)



October 5 & 6, 2006

**Lynnwood Convention Center
Lynnwood, Washington**

For Conference Info: www.nofaswa.org Phone 206-940-2832 Email FASDSupport@aol.com

NOFAS WA
P.O. Box 13182
Mill Creek, WA 98082

NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME
WASHINGTON STATE

Presents

**The 2006 Northwest Regional
Fetal Alcohol Spectrum Disorder Conference**

(Washington, Alaska, Oregon, Western Canada)

October 5 & 6, 2006

**Lynnwood Convention Center
Lynnwood, Washington**



Conference Co-Sponsors

*NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME ALASKA
NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME OREGON
NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME
STATE OF ALASKA, DHSS, DIVISION OF BEHAVIORAL HEALTH*

Conference Partners

*Children's Hospital & Medical Center
Little Red School House, Inc*

Conference Friend

*Heather Carmichael-Olson
State of Washington Department of Health Children with Special Health Care Needs*

**Please Join us Friday evening October 6th for the
1st Annual NOFAS Washington Fundraising Banquet.**

"A League of Extraordinary Women"

Honoring the remarkable women working in the field of FASD past and present

The 2006 Northwest Regional FASD Conference – *Building Bridges to Success*

Conference Goals:

- (1) Facilitate understanding of current research in the field of Fetal Alcohol Spectrum Disorders.
- (2) Introduce families and professionals caring for and working with individuals with alcohol related disabilities to a variety of innovative strategies and interventions

Thursday Keynote Speaker: Sterling Clarren, MD

People With FASD Do Grow Up: The Canadian Approach to Holistic Investigation & Knowledge, Translation Into Practice

The governments of the 4 western provinces and 3 northern territories of Canada came together in 1998 and formed what is now known as the Canada Northwest FASD Partnership to advance the treatment and prevention of FASD. In 2003, the Ministers appointed to the partnership formed the Canada Northwest FASD Research Network. This network has identified over

170 FASD specific projects in western and northern Canada doing work in prevention, surveillance, diagnostics and interventions. This volume of interest provides the Network for an enormous opportunity to bring these researchers and communities together and learn from their common experiences and direct future inquiries. The work of the Network to date will be discussed in this address..

Dr. Sterling Clarren is the CEO and Scientific Director of the newly created Canada Northwest FASD Research Network and a Clinical Professor of Pediatrics within the Division of Developmental Pediatrics and the Child Development and Rehabilitation Program at the University Of British Columbia Faculty Of Medicine.

Thursday Plenary Speaker: Julie Gelo

Many Doors, No Master Key

A visual and interactive hands-on demonstration illustrating the number and variety of service providers and agencies involved in the care of one individual with Fetal Alcohol Syndrome. In addition this dynamic presentation demonstrates the impact on individuals with FASD, their families/caregivers, and their service providers.

Julie Gelo is the legal mother of 13 children ranging in age from 7 to 39. Eight of Julie's children have been diagnosed with Fetal Alcohol Syndrome or related conditions, including all seven who live at home. Julie has been the Family Advocate for the Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network core team at the University of Washington for ten years. She is a foster parent co-trainer with the Resource Family Training Institute through the Department of Social and Health Services. Julie is the co-founder and Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State).

Friday Keynote Speaker: Susan Astley PhD.

FASD: From Discover to Prevention in Washington State

Washington State has engaged in FASD diagnosis and prevention for over 30 years. Following a classic model of FASD public health education, screening, diagnosis, and intervention, Washington State has achieved significant reductions in maternal drinking during pregnancy and significant reductions in the prevalence of FAS. Development of evidence-based tools and methodology to guide the diagnostic and intervention programs were vital to the success of Washington State's efforts. Highlights of the state's 30-year history of FASD diagnostic and prevention efforts will be presented with emphasis on what worked, why, and how some of the latest discoveries in the field (e.g. MRI/S, choline-supplementation, etc.) may help further advance FASD diagnosis and intervention.

Susan Astley, Ph.D. is a Professor of Epidemiology at the University of Washington in Seattle, Washington and is the Director of the Washington State FAS Diagnostic and Prevention Network. Dr. Astley's current work includes the development of the FASD 4-Digit diagnostic code and FAS Facial Photographic Analysis Software; establishment of the Washington State FAS Diagnostic and Prevention Network of clinics and Foster Care FAS Screening Program, establishment of the FAS DPN multidisciplinary clinical training program and online training course, and publication of a lifetime sociodemographic profile of 80 birth mothers of children with FAS. She is currently conducting research on the FASD diagnostic utility of MRI, MR-spectroscopy and functional MRI. Dr. Astley's most recent publication documents Washington State's success in preventing FAS through reduction of maternal alcohol use during pregnancy.

Friday Plenary Speakers: Kee Warner and Whitecrow camp leaders James Charron, Ken Kissinger, Lance deBree, Katie Charlie, Alexis Harry, Kirk Lutke, Kellie Zorn

The Whitecrow Team at Work.

Whitecrow camp leaders who have FASD form the largest part of the Whitecrow camp staff. When people hear us speak at a morning workshop partway through a camp session it is often the first time many parents and professionals realize that some of us have FASD. Seeing us as competent contributors brings a new sense of hope and possibilities to children and adults alike. This presentation will describe our work environment, our values, our "corporate culture," and our sense of being respected and valued members of our communities.

Kee Warner and Whitecrow camp leaders James Charron, Ken Kissinger, Lance deBree, Katie Charlie, Alexis Harry, Kirk Lutke and Kellie Zorn, come from various backgrounds, aboriginal and non-aboriginal, urban and rural. Some have had extreme life experience and some more sheltered lives. They have birth, adoptive, and foster families. They have, in common, an understanding of what it is like to have FASD, to live with someone who has FASD, and to interact with social systems whose understanding regarding FASD ranges from none to lots. Most of them are in their 20's or 30's and have other work experience besides Whitecrow.

Complete biographies for all of the speakers as well as detailed descriptions of the Keynotes, Plenary Sessions and Breakout Sessions are available on our website at <http://www.nofaswa.org>

The 2006 Northwest Regional FASD Conference – [Building Bridges to Success](#)

Conference Schedule at a Glance

Thursday October 5, 2006	Friday October 6, 2006
8:00-8:30 Registration	8:00-8:30 Registration
8:30-8:45 Welcome	8:30-8:45 Welcome
8:45-10:15 Keynote: Sterling Clarren, MD People With FASD Do Grow Up: The Canadian Approach to Holistic Investigation & Knowledge, Translation Into Practice	8:45-10:15 Keynote: Susan Astley, PhD FASD From Discovery to Prevention in Washington State
10:15-10:30 Break	10:15-10:30 Break
10:30-12:00 Breakout Sessions	10:30-12:00 Breakout Sessions
12:00-1:00 Lunch (provided on site)	12:00-1:00 Lunch (provided on site)
1:00-2:30 Breakout Sessions	1:00-2:30 Breakout Sessions
2:30-2:45 Break	2:30-2:45 Break
2:45-4:15 Plenary Session: Julie Gelo Many Doors, No master Key	2:45-4:15 Plenary Session: Kee Warner The White Crow Team at Work
4:15-4:30 Wrap-up, Announcements, Evaluation	4:15-4:30 Wrap-up, Announcements, Evaluation
7PM-9:30PM Parent pampering event	7 PM-9:30 PM NOFASWA Benefit Banquet & Auction

Location - Lynnwood Convention Center located at 3711 196th St. S.W. Lynnwood, WA 98036 (www.lynnwoodcc.com). The Convention Center offers an affordable and conveniently located venue just 17 miles north of Seattle. The center is located on Interstate 5 and is a four-hour drive from both Vancouver, British Columbia and Portland, Oregon.

Accommodations - Rooms are available at special conference rate at five hotels in the vicinity of the conference site. Two of the hotels are within walking distance of the convention center and the other hotels provide free shuttles to the conference site. Special rates are available on a first come first serve basis, reserve early. **Reservation Code:** NOFAS Washington
Best Western Alderwood (425) 775-7600 \$66 king/queen or \$86.00 suites, **Comfort Inn** (425) 775-8030 \$64 queen,
Courtyard Marriott (425) 670-0500 \$76 single or double, **La Quinta Inn Lynnwood** (425) 775-7447 \$65 per room
Hampton Inn and Suites (425) 771-1888 \$76 king or double queen \$86.00 king deluxe.

Discounted Airline Travel - Alaska/Horizon Airlines is the official airline carrier for the conference. To receive discounted rates, reserve your flights online for 10% savings at alaskaair.com or call 1-800-445-4435. Meeting ID Number CMR8982.

Transportation - Transportation to the hotels from Seattle/Tacoma International Airport is available by taxi or shuttle. Call for fares. Shuttle Express: 425-981-7000 or 1-800-487-7433. Online reservations available at <http://www.shuttleexpress.com> group code NOFASWA or go to <http://hudsonltd4.com/cgi-bin/sea1/res?USERIDENTRY=NOFASWA&LOGON=Go>

Evening Activities - Thursday evening – Parent Pampering Party, site to be arranged, information available at conference
Friday evening - NOFASWA Benefit Dinner and Silent Auction, “A League of Extraordinary Women”, at the Convention Center; honoring women in Washington State who have made a major contribution in the field of Fetal Alcohol Spectrum Disorders
Please nominate a woman that you would like to see honored. Nomination form included in this brochure.

Scholarships – Limited Scholarships are available. Contact Julie Gelo for information: (206) 940-2832 or FASDSupport@aol.com.
Adoptive Families - Adoptive parents receiving adoption support from the State of Washington, contact your adoption support program manager to find out if you can be pre approved to receive reimbursement for registration. Reimbursements for trainings are limited to one per year. To reach your Adoption Support Program Manager, call 1 800 562-5682. **Alaska Families**, contact Cheri Scott at the Stone Soup Group at (907) 561-3701. **Children’s Hospital and Medical Center Staff, scholarships available**, contact Julie Gelo for information: (206) 940-2832

Exhibit Space - Tables will be available in the atrium areas during the conference. Space will be assigned on a first-come, first-served basis. Application packets are available by contacting NOFAS Washington at FASDSupport@aol.com or by calling 206-940-2832 or through website at <http://www.nofaswa.org>. Exhibit Fees: First table \$100 US/\$120 CDN Second table \$50 US/\$60 CDN.

Conference Sponsorship - Your organization can make a difference in your community and in the lives of individuals with alcohol related birth defects by becoming a FASD Conference Sponsor. **Contact Christie Connors for information (425) 870-4749**

“A League of Extraordinary Women”

Honoring the incredible women working in the field of FASD past and present.

Friday evening October 6, 2006

1st Annual NOFAS Washington Fundraising Banquet and Silent Auction

Cost: \$50.00

Seating is limited and tickets must be purchased in advance.

Funds raised at this event will support NOFAS WA programs and activities.

Nominations Accepted Until September 15, 2006

Help us to honor some of the many extraordinary women in the field of FASD, past and present, by nominating a parent or professional you feel has made and/or continues to make a positive difference in the lives of individuals with alcohol related disabilities.

I nominate:

Contact information for Nominee: Phone:

Email:

This person deserves to be honored because: *(Please tell us a bit about the person that you would like to see honored and your reason for nominating them, attach another sheet if necessary)*

Please provide your contact information so that we contact you regarding your nomination,

Name:

Phone:

Email:

If your nominee is selected would you be willing to introduce them at the banquet?

YES _____

NO _____

The 2006 Northwest Regional FASD Conference – *Building Bridges to Success*

RETURN THIS FORM WITH YOUR REGISTRATION FEE

Please choose two morning and two afternoon breakout sessions for each day. Indicate first choice (#1) and second choice (#2) for each one. Every effort will be made to accommodate your first choice. Register early to be guaranteed the session of your choice.

#	Thursday Morning Breakout Sessions 10:30 am to 12:00 noon	#	Thursday Afternoon Breakout Sessions 1:00 pm to 2:30 pm
	What Can Research Tell Us About Intervention for FASD? Heather Carmichael Olson, PhD		Fantastic Antone Succeeds-13 Years Later Betty Taaffe, Mary Lou Canney, Maureen Harwood
	CANCELED Techniques for Optimizing Success in FASD, Recognizing & Responding to Misdiagnosis & Co-Occurring Disorders - Dan Dubovsky, MSW		The Kid's Club: A Social Skills Intervention Program for Children 6-10 affected by FASD Sarah McNulty, MOT, Melissa Nilsen, MOT, Jamie Byrne, MOT
	Alaska Native Cultural Traditions and Activities Sandi Ahlers, Sarah McConnell, Josephine Semaken		Prenatal Exposure to Alcohol & Hearing Evidence Based Intervention Strategies - Leena Ongley, M.ED, CCC-A/SLP
	Ready Set Grow-Issues of Puberty and Sexuality for Individuals With FASD - Cheri Scott		Intensive Treatment For Adolescents and Adults With FASD Kim Shontz, MSW, Ajeet Charate, MA
	Making Sense out of Sensory Processing Differences in Children With FASD - Tracy Jirikowic, PhD, OTR/L		Non-traditional Job Development Marg Anderson
	Learning and Instructional Choices Jeannette M. Soby		A Successful FASD Interventive Study Design, Process & Outcomes Diane V. Malbin, MSW
	DASA Services in the Prevention of FASD Sue Green, MPA, NCAC		The Institute for Family Development Homebuilders Model Shelley Leavitt, PhD, Marty Bedlington, PhD
	Social Communication Classroom Performance: How Do Children with Prenatal Alcohol Exposure Spend their Time? - Leslie B. Olswang, PhD		Speaking and Learning the FASD Way Carol McAndrew, B.Ed., M.A.

#	Friday Morning Breakout Sessions 10:30 am to 12:00 noon	#	Friday Afternoon Breakout Sessions 1:00 pm to 2:30 pm
	Sleep in FASD Maida Lynn Chen, MD		12 Essential Ingredients for a Recipe for Success for Students with FASD - Deb Evensen, MA
	"Developing Psychopathologic Conditions in Young Adults with FASD: Ongoing Psychopharmacologic Challenges" - Alan Unis, MD		Supporting Memory Dysfunction w/ Visual Supports Blanche McKenna, MS
	Changes in Behavior Profiles: A Model for Intervention in Pre-Adolescents & Adolescents With FASD - Allison D. Brooks, PhD		The FASD Roller Coaster-Cognitive and Behavioral Issues Affecting Early Adult Populations with FASD. Carolyn Hartness, BA, Candace Shelton, MS, LISAC, Suzie Kuerschner, M.Ed
	Honoring the Powers of the Feminine the Secret to Prevention of FASD Kathleen Mitchell, MHS, LCADC		The Alaska Experience: Adventures in Diagnosis from the Last Frontier - Vickie Tinker-Kenai Peninsula, Michael Baldwin-Anchorage, Ric Iannolino-Juneau, Shireen Deitrick-Fairbanks
	Culturally Appropriate Strategies-Village Style Ardyce & Gary Turner		From Snake Oil to Fish Oil – Integrative Medicine for the Fetal Alcohol Spectrum - Julian Davies, MD
	Transitions From Childhood to Young Adulthood Moving at the Pace of a Person With FASD - Sandy Clarren, PhD, Marceil TenEyck, MA, MLHC, MAC, CDP, Jan Lutke		West Coast Alternate Demonstration Project John Gotowiec
	Parenting Children with FASD I Don't Remember Signing Up For This Job, But Now That I Am Here, How Do I Do It - Renee Siers		Impact of Prenatal Alcohol Exposure & Adverse Environments on Social Communication - Truman Coggins, PhD
	CANCELED Legal & Ethical Considerations Surrounding Alcohol & Pregnancy Navoneel Dayanand, LLM		FASD in the Juvenile Justice System - Bob Hicks, Lara Stephens, MSW, Chris Tobey, PhD, Skagit County Youth & Family Services

Poster Sessions

The Promise of Educational Technology For Students With FASD
Toward Effective Intervention for Children with FASD:A Strength Based Approach

Presented by Darrell Peterson, M.Ed
Presented by Alison Pritchard Orr, BPE and
Christopher Bertram, PhD

Conference Fees/Cancellation Policy *(Registration includes lunch and refreshments both days)*

Registration fees will be refunded (less a service fee of \$50 US) for written cancellation requests prior to September 5, 2006

For planning purposes please let us know if you plan to have lunch (Included in registration cost)

Please Check: Lunch Thursday _____ Lunch Friday _____ Vegetarian Meal Please _____

Registration on/ before September 15, 2006 \$225.00 US _____ Registration after September 15, 2006 \$275.00 US _____

Friday Evening NOFASWA Benefit Banquet: "A League of Extraordinary Women" \$50 US _____ *(not included in conference fee)*

Make checks payable to NOFASWA. Mail with Registration Form to NOFAS WA P.O. Box 13182 Mill Creek, WA. 98082

Name:

Address:

Phone: ()

Email:

Agency:

Online registration available at www.nofaswa.org Credit Cards Accepted through Paypal