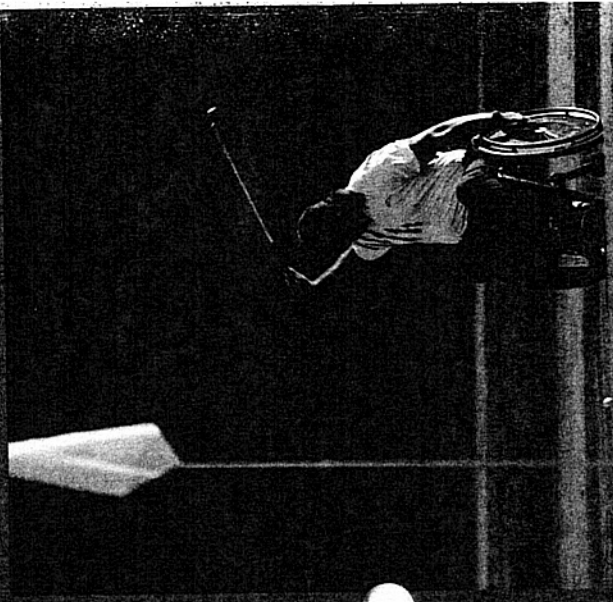


The Idaho Elks Rehabilitation Hospital is accredited by the Commission on Accreditation for Rehabilitation Facilities (CARF). Only by meeting and exceeding rigorous standards set by CARF, a national sanctioning organization that specifically approves rehabilitation providers, can we claim this benchmark of achievement for our hospital.



The Idaho Elks Rehabilitation Hospital is dedicated to working with patients as partners to maximize potential and capitalize on individual abilities.

treatment tool. Balance, trunk control and equilibrium are enhanced through this non-traditional program.

Multiple Locations For Specialized, Convenient Treatment

The main facility of the Idaho Elks Rehabilitation Hospital is located near St. Luke's Regional Medical Center at 204 Fort Place in Boise. This 73,000 square foot facility receives the majority of our acute and subacute inpatients. Within this comprehensive facility we provide a wide range of therapies and the majority of our programs.

The Work Center is located at 300 West Main Street in Boise. Dedicated to outpatient physical and occupational therapy, the 10,000 square foot Work Center includes a custom-designed therapeutic pool and simulated work environments in addition to a health club-styled gym filled with updated exercise and conditioning equipment. The WorkFit and LifeFit programs are offered here, along with our managed fitness program.

To better serve patients in Canyon County, the Idaho Elks Rehabilitation Hospital operates a rehabilitation unit at Mercy Medical Center, located at 1512 12th Avenue Road in Nampa. This "hospital within a hospital" provides rehabilitation services for inpatients, many of those who are recovering from orthopedic surgery.

WorkFit provides a comprehensive outpatient program focusing on physical and psychological rehabilitation for the injured worker. By participating eight hours per day for three weeks, WorkFit patients receive an intensive therapy program that provides a number of physical and psychological tools that will assist them in their return to employment.

LifeFit offers assistance to patients who experience chronic pain problems related to injury, disease or illness. Physical endurance and conditioning, a functional capacity evaluation, work and/or daily living activities and a behavior modification program for psychological fitness are integrated a four to six week daily treatment plan, led by a specialty treatment team.

Orthopedics addresses a range of rehabilitation needs ranging from recovery following joint replacement surgery to the restoration of strength and mobility following traumatic skeletal injury. Utilizing an integrated spectrum of therapies, the recovery process is accelerated through functional improvements that make it possible for patients to return to their lifestyles safely.

Comprehensive Rehabilitation Evaluation Clinics offer an interdisciplinary assessment team experienced at identifying and addressing problems associated with functional disabilities such as post-polio syndrome, amputations, stroke, spinal cord and brain injury, rheumatoid arthritis, spina bifida, muscular dystrophy, cerebral palsy and others. A wheelchair seating clinic is also available.

The **Learning Abilities Clinic** provides case management and treatment for children and adults with severe learning problems associated with Attention Deficit Disorder.

The **Therapeutic Riding Program** is a unique form of physical therapy which uses a horse as a



Idaho Elks
Rehabilitation
Hospital

Facing the aftermath of a widespread polio epidemic in 1947, the Idaho State Elks Association responded to community need. They quickly converted a spacious former residence of a local physician into the Idaho State Elks Convalescent Home for Children. From these philanthropic roots, the Idaho Elks Rehabilitation Hospital has grown in step over the years with the needs of our neighbors.

Children remain central to the services we provide, however, our focus now extends to people of all ages. Over the years we've helped thousands of people improve or restore their independence following illness, injury or developmental disability.

Our programmatic approach to treatment utilizes the skills of a highly trained team to solve our patients' problems. Directed by a physician who specializes in rehabilitation, treatment teams call upon the knowledge of physical, occupational and recreational therapists, as well as speech pathologists, social workers, nursing case managers and the patient's family. This fully integrated approach produces measurable results that help get our patients home quickly with improved function.

Complete Acute And Subacute Rehabilitation Services

Because we are the only free-standing hospital dedicated exclusively to rehabilitation in our region, we are able to provide a broad range of

services for both acute and subacute patients. We have programs that address specific needs such as:

- Stroke
- Brain Injury
- Chronic Pain
- Industrial Injury
- Learning Disabilities
- Arthritis
- Spinal Cord Injury
- Developmental Disabilities
- Cardiac Rehabilitation
- Pediatrics
- Orthopedics
- General Rehabilitation
- Hand Therapy

Outpatient and Inpatient services also include:

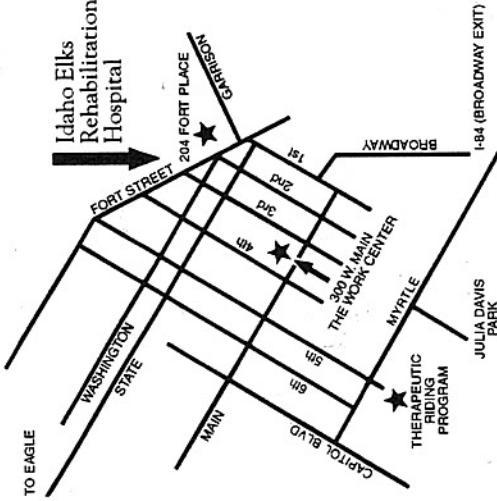
- Rehabilitative Nursing
- Dietary Services
- Hearing Aids and Services
- Audiology
- Physical Therapy
- Managed Fitness
- Speech Pathology
- Occupational Therapy
- Speech Pathology
- Recreational Therapy
- Lymphedema Program

Specialized Programs

In addition to the many services we provide, the Idaho Elks Rehabilitation Hospital has developed several specialized programs, such as:

The **Stroke Program** provides physical, medical and cognitive rehabilitation services to people who've had a stroke. The goal of our therapists, rehabilitation nurses, social workers and physicians is to return the patient home with increased independence. The program doesn't end upon discharge from the hospital, however. We offer many stroke services to outpatients too, including physical, occupational and speech therapy as well as a stroke clinic and a stroke support group.

The **Brain Injury Program** serves children, adolescents and adults through inpatient, day treatment and pediatric teams. Our flexible criteria provides an opportunity for a full evaluation of each patient's potential for recovery. The program provides systematic, intensive, interdisciplinary treatment. Special emphasis is placed on life skills training, behavior management, cognitive training and vocational assessment and training.



Admission

Patients are admitted to the Idaho Elks Rehabilitation Hospital through a referring physician and coordinated with our Medical Director.

Coverage For Our Services

Our services are covered by most insurance companies.

Need to Know More?

If you need additional information about the Idaho Elks Rehabilitation Hospital, or would like to make a referral, please give us a call.

- For admissions or to reach the main hospital switchboard 208-343-2583
- Audiology/Hearing Aids 208-344-4843
- To schedule an appointment with a doctor 208-343-1899
- The Work Center 208-343-6227
- Canyon County Unit at Mercy Medical Center 208-465-0598



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204 Fort Place P.O. Box 1100 Boise, Idaho 83701
208-343-2583



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